

Positive Alternatives 2015 - 16 Quarterly Update

Grantee: HELPING HAND PREGNANCY CENTER, Worthington, MN

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Goal: To provide positive alternatives to abortion to pregnant and parenting women in Minnesota

For the period: July 1 through Sept 30, 2015

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Hiring, orientation, volunteer coordination, staff assessment and all administrative duties		Multiple meetings with Tobias Spanier, our Independent Consultant to make decisions on the formal Evaluation of our Nutrition Module – “My Plate”. Created our lesson Plan Series and purchased additional plates, place mats, food models, posters, and other teaching tools	
Outreach	Multimedia advertising, publicity, community education, networking activities		Outreach to community regarding Client Services to enroll new clients. Continue radio Public Service Announcements. Hosted a photo booth as outreach at the County Fair. Hosted a “spin the wheel” activity at the college for Welcome Back Students” night. Had a parade entry at the town festival and gave away hundreds of promotional balloons.	
Car Seat Program	Provide car seat safety education and installation by a Certified Car Seat Technician/Practitioner in an incentive program	12	This activity continues unchanged. We now have access to an additional Car Seat Technician that speaks Spanish!	12
Case Management Services	Provide all clients with periodic risk assessment and mentoring regarding progress	40	We serve a very vulnerable population that have limited English skills and are illiterate. We advocate to meet our clients' needs, and spend significant time with clients helping them to read and understand papers from service providers.	46

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	in securing pregnancy and parenting support services			
Crib Distribution/ Sleep Safety Education	Provide Safe Sleep Education with optional earned Pack' n Play incentive	18	Sleep safety is one of the units that our Center is very passionate about. As part of this effort, we are sure to share the research proving the risk of co-sleeping.	22
Interpreter Services	Provide interpretation to enrolled clients who need Spanish language services	20	We provide all of our services in Spanish, and our translator maintains a very full schedule.	28
Life-Skills Education Program	Provide Life Skills Education; increase knowledge and skills to overcome mental, emotional, and social obstacles to successful parenting	10	Due to complicated physical health, mental health, social, or financial challenges, our clients benefit from basic Life-skills education in their targeted areas.	42
Nutrition	Provide nutrition education and prenatal vitamin supplementation to pregnant	40	We have chosen to teach the "My Plate" USDA nutrition lesson series. This is taught soon after client enrollment, and is well received.	82
Parenting Education	Identifies and encourage young women in the first trimester of pregnancy (or parenting) to receive programs and services. Includes case management and education about legal rights	12	We are working daily to reach out to at risk parents in the 18-24 year old age group. This is the age group that needs to hear the information on Positive Alternatives to Abortion.	20
Parenting Education	Increase basic knowledge and skills for parents of Infants in a class series	12	Many of our clients seem to accept our Parenting and Newborn education and mentoring better than that offered by their mothers and extended family members.	21

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Pregnancy Education	Provide individual and group pregnancy education; provide/refer for individual and group Labor & Childbirth Education	10	Clients make a more informed and thoughtful individual Labor & Delivery Plan after attending pregnancy and childbirth classes.	15
Provide Necessary Services Assessments Only	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	2	Occasionally we have a client that does not enroll.	2
Transportation	Provide transportation for attendance in individual and group class sessions, as needed.	18	Most of our clients with the serious needs would not be able to use our services, IF we didn't provide free transportation.	19

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	2
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	12
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	42
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	42
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	6
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	42

Challenges: